

# Riverwalk College. AQA Options.

(Year 1)

(September 2022 – July 2023)

## **Lesson/Activities Check List.**

#### **Communication.**

Signing throughout the day.

Objects of reference (for individual sessions & for rooms in main building when visiting).

Programme Jamie's Mobi.

Switches & Symbols for making choices, more, finished, help, yes, no, like/ do not like (relating to individual targets & SCARC reports).

Objects relating to the activity.

#### Remember.

Steph has sensory stories to borrow.

Steph has switches toys to borrow.

Record sounds onto switches.

Switches adapt kitchen appliances & other electrical devices if possible.

When students are given switch activities (toys/I.W.B.) staff member to stay with students to engage & encourage use of switch & enjoyment of activity.

## USE.

You Tube.

Help Kidz Learn- activities relating to topic.

Ian Bean

Choose it Maker

Jigsaw Maker.

Term 1

#### Autumn.

AQA Unit.	Activities.
116562 Introduction to cooking.	<ul> <li>Student will take part in a variety of different activities such as:</li> <li>Exploring hygiene routine associated with cooking.</li> <li>Following visual recipes to create a variety of simple dishes and snacks.</li> <li>Explore textures of different ingredients associated with different recipes.</li> <li>Following simple routine for cleaning kitchen area when cooking tasks have been completed.</li> </ul>
116690 Introduction to dance.	<ul> <li>Student will take part in a variety of different activities such as:</li> <li>Exploring and listening to a variety of different genres of music.</li> <li>Moving parts of their body to music.</li> <li>Experiencing different beats of music i.e., fast, and slow.</li> <li>Moving around the floor and creating different dance move using upper and lower parts of their body.</li> <li>Making choice of music that they like and dislike.</li> </ul>

Term 2

## Spring.

AQA Unit.	Activities.
71915 Relaxation.	<ul> <li>Student will take part in a variety of different activities such as:</li> <li>Explore a range of different relaxation techniques.</li> <li>Experience different techniques for a variety of periods of time throughout the day.</li> <li>Explore different areas with the college and main site fir relaxation and sensory development.</li> <li>Express likes and dislikes to different relaxation.</li> <li>Explore a variety of music associated with relaxation.</li> </ul>
111908 Introduction to gardening.	<ul> <li>Student will take part in a variety of different activities such as:</li> <li>Preparing &amp; experiencing textures of soil in preparation for planting.</li> <li>Following visual instructions for sowing seeds.</li> <li>Experience a variety of different flowers and herbs/</li> <li>Looking after the plants.</li> <li>Enjoying time in sensory garden area.</li> </ul>

Term 3

#### Summer.

AQA Unit.	Activities.
113994 Introduction to photography (unit 1)	<ul> <li>Student will take part in a variety of different activities such as:</li> <li>Exploring different pieces of equipment for taking photographs.</li> <li>Visiting a variety of areas around the school and gardens for taking photos</li> <li>Using camera and switches operated camera to take a</li> </ul>
	selection of different images.  • Making a collage of their own photos taken.  Student will take part in a variety of different activities such as:
116161 Road safety with assistance.	<ul> <li>Listening to different traffic sounds in the community.</li> <li>Identifying simple road safety signs.</li> <li>Identifying a variety of different safety crossings.</li> <li>Looking for green sign and sounds to cross the roads safely.</li> <li>Experience walking or being pushed in a specialist chair across the road during different occasions.</li> </ul>



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(Year 2)

(September 2023 - July 2024)

Term 1

#### Autumn.

AQA Unit.	Activities.
108716 Introduction to making a collage with support.	<ul> <li>Student will take part in a variety of different activities such as:</li> <li>Exploring different types and styles of collage.</li> <li>Exploring different materials.</li> <li>Exploring glue and materials associated with making things stick.</li> <li>A variety of different techniques to apply items to paper.</li> <li>Making choice of colours and materials using our communication aids.</li> </ul>
74281 Basic Fashion with Assistance.	<ul> <li>Student will take part in a variety of different activities such as:</li> <li>How to identify items of clothing for different weather</li> <li>Explore textures and materials of different types of clothing.</li> <li>Explore clothing for different occasions.</li> <li>Sorting clothing into colours and materials.</li> <li>Sorting clothing into styles.</li> <li>Making an printed design on a t- shirt.</li> </ul>

### Term 2

## Spring.

AQA Unit.	Activities.
116308 Developing ICT skills, using switches with support.	<ul> <li>Student will take part in a variety of different activities such as:</li> <li>Explore switch and their effects.</li> <li>Control activities using switch activation.</li> <li>Make choices using switches for communication.</li> <li>Learn switch colours. And what they do.</li> </ul>
116338 multi-sensory experience associated with colour.	<ul> <li>Student will take part in a variety of different activities such as:</li> <li>Explore a variety of around campus.</li> <li>Enjoy song associated with colour from different genres.</li> <li>Making a group collage with a variety of different colours and shades.</li> <li>Exploring mixing colours to make an additional colour range.</li> </ul>

Term 3

#### Summer.

AQA Unit.	Activities.
112593 Papier Mache & Mudroc sculpture.	<ul> <li>Student will take part in a variety of different activities such as:</li> <li>Explore and choice a selection of different item to make.</li> <li>Make chosen sculpture and explore a variety of different materials and techniques.</li> <li>Make a sculpture in a whole group activity.</li> <li>Explore paint and colours for the completed item.</li> </ul>
111285 Personal Well Being Unit 1	<ul> <li>Student will take part in a variety of different activities such as:</li> <li>Explore and take part in relaxation techniques.</li> <li>Explore ways to express feeling and understand feeling of others.</li> <li>Practice expressing our feelings.</li> <li>Take part on relaxation yoga and massage.</li> <li>Explore different types of relaxation music.</li> </ul>



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(Year 3)

(September 2024 – July 2025)

## Term 1

### Autumn.

AQA Unit.	Activities.
112158 Social Skills Board Games:	<ul> <li>Student will take part in a variety of different activities such as:</li> <li>Explora a variety of different board games.</li> <li>Follow visual instructions to play games with peers and staff.</li> <li>Experience turn taking activities and follow visual ques for waiting their turn.</li> <li>Design and create a board game.</li> <li>Share games activities with people who are less familiar to them.</li> </ul>
116711 Relaxation Yoga.	<ul> <li>Student will take part in a variety of different activities such as:</li> <li>Learn about different parts pf the body.</li> <li>Experience different stretching techniques.</li> <li>Listen to a selection of different calming &amp; relaxing music.</li> <li>Express likes and dislikes to different music types</li> <li>Explore a selection of different relaxation items.</li> </ul>

## All AQA units will be adapted to suits each student and their individual needs and abilities.

## Term 2

## Spring.

AQA Unit.	Activities.
111646 Introduction to Beauty.	<ul> <li>Student will take part in a variety of different activities such as:</li> <li>Explore a selection of different items associated with the beauty salon.</li> <li>Experience having massage on areas of the body.</li> <li>Enjoy foot spa, and sensory spa experience.</li> <li>Listen to different sounds from inside a salon.</li> <li>Explore and express likes and dislikes to different smells from a salon.</li> </ul>
105584 Introduction to movement with support.	<ul> <li>Student will take part in a variety of different activities such as:</li> <li>Experience different types of movement for different areas of the body.</li> <li>Develop movement to music.</li> <li>Experience different speeds of movement.</li> <li>Explore different items that move from around the home.</li> <li>Explore and listen to different sounds associated with movement.</li> </ul>

## All AQA units will be adapted to suits each student and their individual needs and abilities.

## Term 3

### Summer.

AQA Unit.	Activities.
115411 Social Skills	<ul> <li>Student will take part in a variety of different activities such as:</li> <li>Spend time with their peers in a variety of different social activities.</li> <li>Learn how to greet people who are familiar and unfamiliar to them.</li> <li>Recognise different area for different social events.</li> <li>Look at and experience a variety of different social occasions.</li> <li>Celebrate social occasion with staff and peers.</li> </ul>
119054 Ball Games & basic Team Skills	<ul> <li>Student will take part in a variety of different activities such as:</li> <li>Take part in a selection of different ball games with peers.</li> <li>Experience working together in team sports activities.</li> <li>Make choice of activities to explore with our peers.</li> <li>Follow visual and verbal instructions for turn taking group activities.</li> <li>Work alongside others to accomplish whole group achievements.</li> </ul>